

STRAIGHT TALKING

Many adults are increasingly seeking the perfect smile. Straight teeth not only look great and improve self confidence, but are easier to keep clean and healthy. An attractive smile is both appealing to the opposite sex as well as potential employers.

“Both Kelly Brook and T4’s Steve Jones have been treated with invisible lingual braces”.

Orthodontics involves gently moving teeth to straighten them up, helping you to achieve the perfect smile. If you’re unhappy with your teeth, orthodontics may be the perfect solution. It provides an alternative to veneers, without the loss of tooth structure and the results, if properly maintained, will last a lifetime.

Total Orthodontics is a unique partnership of specialist orthodontists, who currently have seven orthodontic practices located throughout the South East, and who aim to provide exceptional treatment and care to all their patients. With practices situated in Brighton, Crawley, Horsham, Tunbridge Wells, Tonbridge, Sevenoaks and most recently Haywards Heath, Total Orthodontics offers both NHS and private treatment.

Private treatment is available for all ages, with an increasing number of adults choosing to have braces. Many have previously had braces as a teenager, but found that due to not wearing their retainers, their teeth have returned to their original position. Benefits of private treatment include no waiting lists, longer appointment times and fixed retainers to ensure your new smile lasts. Appointment times can also be more flexible including evenings and weekends.

Braces have evolved significantly in recent years and gone are the days of a mouth full of metal. Private treatment options include inconspicuous tooth coloured braces, clear aligners which can be removed for brushing and eating and lingual braces which are hidden on the inside of your teeth.

Lingual braces are a great option for those who would prefer that their braces didn’t show, and are increasingly popular with those in the public eye - both Kelly Brook and T4’s Steve Jones have

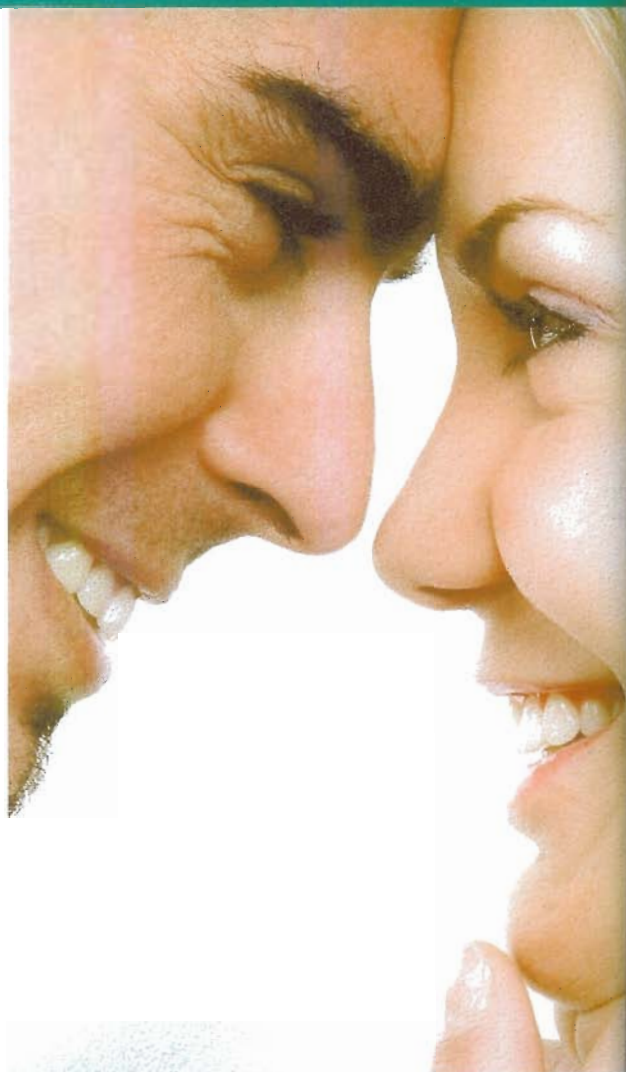
been treated with invisible lingual braces. Furthermore, it isn’t long before you start to see results, so you’ll look better before your treatment is even finished.

Cristina Brown was initially apprehensive about having braces for a second time round; she then discovered lingual braces provided her with the ideal solution.

“Being in my mid twenties, the last thing I was willing to commit to was getting braces for a second time round. So when my orthodontist suggested that I have braces put on my bottom teeth to correct a tooth that had begun moving, my immediate response was ‘absolutely not!’

“From around the age of ten, I’d had the orthodontic works - head gear, braces and two sorts of retainers. I was well aware of how braces felt and more importantly, how they looked. The thought of having to get braces again filled me with dread, so when my orthodontist gave me the option of a new type of lingual brace I jumped at the opportunity. “I had the new braces put on and the results have been outstanding, absolutely nobody has noticed that I’m wearing them. For those of us who are concerned about how we would look with braces, they are the perfect solution.”

If you are interested in treatment the next step is to book a consultation where your needs and expectations will be discussed and a treatment plan drawn up. If you would like to arrange a consultation or require any further information contact us on 0800 781 0035 or visit www.totalorthodontics.co.uk.



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